Updated On: 28.07.2023 Website:www.sriaurobindoashram.net E-mail: aurocamps@aurobindoonline.in Dusshera : 24.10.2023 Diwali : 12.11.2023

Phones; Delhi: (011) 2652-4810 **Madhuban:** 05942-281215

SRI AUROBINDO ASHRAM -DELHI BRANCH TRUST SOCIETY Gyan Yoga Shivir , AUTUMN 2023 at Madhuban, TallaRamgarh

SHIVIR NO.	DATES	Topic/Language	Facilitator	NO.of persons (rooms)	NO.of persons (dorms)	NO of Guests	ORGANISER
	20.09.2023 28.09.2023	Telegu	Sw. Anantananda	45 BOOKED			SHASTRA VIBHOOTI, HYDERABAD Swami Anantananda, 8790177177, vedantabsolute@gmail.com
	29.09.2023 05.10.2023						
	06.10.2023 12.10.2023	GUJRATI SHIVIR	Dilip Bhai	BOOKED			Dilip Patel.9427155205, <u>Dilip.nvs@gmail.com</u>
	13.10.2023 19.10.2023						
	20.10.2023 26.10.2023	RETREAT	Saraswati				Saraswati, <u>saraswati@nourishinglife.com</u>
	27.10.2023 02.11.2023						
	03.11.2023 09.11.2023						

THE SHIVIR SITE:

Madhuban is situated at a height of 5000 ft above a picturesque village in the Kumaon range of the Himalayas. Madhuban is the place where the beekeeping association of India took birth more than 50 years ago. The property was offered to the Ashram by a devotee in 2003 and is still in the process of being developed. The entire of

valley of Talla Ramgarh is a basin of fruit orchards and can best be enjoyed during the fruit season in July and August, which happens also to be the rainy season. Madhuban campsite is situated on a fruit orchard of about 30 acres and is one of the extensions of Sri Aurobindo Ashram – Delhi Branch.

VILLAGE OUTREACH PROGRAMS:

We are also doing a lot of Village Outreach programs, especially in the field of education where we are conducting several camps throughout the year for upgrading the quality of the village school teachers and imparting value education to students.

Several doctors from Delhi and other places are invited at regular intervals to conduct medical camps for several villages around Ramgarh, where we provide free consultation and medicines.

SHIVIR ACTIVITIES:

- * Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother.
- * Daily Meditation and Yoga, Pranayam and 'keep-fit' sessions.
- * Walks and treks through magnificent mountain forests and enchanting scenic splendor.

For all bookings and information, please contact the camp organizer of the particular camp only.

STAY AT DELHI: Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch ONLY THROUGH THE WEBSITE:www.sriaurobindoashram.net/visitors

IMPORTANT (*Please note carefully*):

- * Please apply only if you are looking for a serious study and spiritual shivir.
- * Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.
- * People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply. Any medical expenses will have to be borne by the participants themselves. There are hardly any medical facilities at the Talla Ramgarh village.
- * Kindly help in circulating this leaflet widely among genuinely interested people.
- * **<u>Please note:</u>** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic

drinks and drugs is forbidden during the entire period of the camp.

OTHER SHIVIRS: We also have study and youth adventure camps at our Himalayan Centre in Nainital (40 km from Madhuban). You may look up for more details on our **website: www.sriaurobindoashram.net**.

FUTURE BOOKINGS: We are also offering our space in September, October &November for any camps being organized on Sri Aurobindo's philosophy or any other serious spiritual topics. Please ask for dates very much in advance as we always have a lot of pressure on our limited space.

HOW TO APPLY

Please fill in the form below and attach your donation and forward to the Camp convener at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **SHIVIR NUMBER** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start** your journey without receiving a proper acceptance letter from us.

SRI AUROBINDO ASHRAM DELHI BRANCH TRUST BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN **INDIA**

Sri Aurobindo AshramDelhi Branch Trust Sri Aurobindo Marg New Delhi – 110016 Email: <u>contact@aurobindoonline.in</u> PAN NO. AAATS4031K <u>Name of Bank</u> UCO Bank Sri Aurobindo Ashram Extension Counter Sri Aurobindo Marg, New Delhi-110016

SB-Account No. 90030110002667

Branch Code - 9003 IFS Code - UCBA0009003 MICR Code - 110028999

IMPORTANT NOTE

- 1. If you are making direct deposit in our above bank accounts, kindly send an email to <u>contact@aurobindoonline.in</u>and a copy of same to <u>ashram.delhi@gmail.com</u> giving us the details of amount.
- 2. Please Provide Transition, Cheque No., Amount, Bank, Date of Donation.
- 3. This will help us Reconcile your donation with our bank account and issuing official Receipts.

TO WHOM IT MAY CONCERN

I hereby certify that a sum of Rs (Rupees													
Marg, New Delhi – 110016 by Cash / Cheque No Dated on on													
that	Ι	am	assessed	to	income	tax	and	my	permanent	account	no.	(PAN)	is

Name	Address			PIN	
E-mail Id					
Telephone Nos (Res.)	(Off.)	(Mobile)			
Date:			Signature		
			- C		

Receipt No. Date