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HOLI: 8<sup>TH</sup> MARCH



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Madhuban: 05942-281215

**Sri Aurobindo's 150<sup>th</sup> Birth Anniversary Celebration  
Gyan Yoga Shivir 2023 at Madhuban, Talla Ramgarh**

SHIVIR NO.	DATES	Topic/Language	Facilitator	NO.of persons (rooms)	NO.of persons (dorms)	NO of Guests	ORGANISER
XXX	10.05.2023 14.05.2023	MOTHER'S INTERNATIONAL SCHOOL, NEW DELHI, OLE	Hira Das , <a href="mailto:hiradas2@gmail.com">hiradas2@gmail.com</a>		50 IN DORMS BOOKED		Sri Aurobindo Ashram- Delhi branch Trust, <a href="mailto:aurocamps@aurobindoonline.in">aurocamps@aurobindoonline.in</a>
XXX	14.05.2023 18.05.2023	MOTHER'S INTERNATIONAL SCHOOL, NEW DELHI, OLE	Hira Das , <a href="mailto:hiradas2@gmail.com">hiradas2@gmail.com</a>		50 IN DORMS BOOKED		Sri Aurobindo Ashram- Delhi Branch, <a href="mailto:aurocamps@aurobindoonline.in">aurocamps@aurobindoonline.in</a>
GYR- 214	19.05.2023 25.05.2023	CHINMAYA MISSION, English	Swamiji Chidrupanandji		41 BOOKED		Khuranaji, 9910522236 <a href="mailto:Khurananguruji9@gmail.com">Khurananguruji9@gmail.com</a>
GYR-215	26.05.2023 01.06.2023	AYURVEDA SHIVIR, Eng/Hindi	Dr. Surinder Katoch, 9811199167 <a href="mailto:khhcayurveda@gmail.com">khhcayurveda@gmail.com</a>	30 IN ROOMS BOOKED	30 BOOKED		Dr. Surinder Katoch,/ Dr. Mukta 9811199167 <a href="mailto:khhcayurveda@gmail.com">khhcayurveda@gmail.com</a>
XXX	29.05.2023 05.06.2023	VILLAGE OUTREACH PRPGRAM	PROJECT KHUSHALI	5 IN ROOMS	20 IN DORMS		AURO UNIVERSITY, SURAT, Abhijit Pariyal, <a href="mailto:abhijit.pariyal@aurouniversity.edu.in">abhijit.pariyal@aurouniversity.edu.in</a>
GYR-216	02.06.2023 08.06.2023	VEDANTA & AYURVEDA SHIVIR, ENG/HINDI	Dr. Surinder Katoch, 9811199167 <a href="mailto:khhcayurveda@gmail.com">khhcayurveda@gmail.com</a> Acharya Navneet, <a href="mailto:aimseva@gmail.com">aimseva@gmail.com</a>	41 IN ROOMS BOOKED			Dr. Surinder Katoch,/ Dr. Mukta 9811199167 <a href="mailto:khhcayurveda@gmail.com">khhcayurveda@gmail.com</a>
GYR-217	09.06.2023 15.06.2023	TAI – CHI SHIVIR	Sensei Sandeep Desai	PRAGATI BOOKED			Pallavi Desai, 9987044284, <a href="mailto:senseidesai@gmail.com">senseidesai@gmail.com</a>
GYR- 218	16.06.2023 22.06.2023	"SOUNDARYA AUR ANAND" VEDON SE SAVITRI TAK, HINDI	Dr. Muralidhar Chandaniwalan Dr. Ritam Upadhyay	40 IN ROOMS, BOOKED			Sri Aurobindo Hindi Zonal Committee, 0120-3241875, Manoj Sharma, 9425028456, <a href="mailto:auromanoj@gmail.com">auromanoj@gmail.com</a> , Arun Vyas, <a href="mailto:arun@aurosociety.org">arun@aurosociety.org</a>

GYR-219	23.06.2023 26.06.2023	ART RETREAT	Daljeet Wadhwa, <a href="mailto:daljeet@sac.ac.in">daljeet@sac.ac.in</a> 9899221409	24 in ROOMS			Daljeet Wadhwa, 9899221409, <a href="mailto:daljeet@sac.ac.in">daljeet@sac.ac.in</a>
GYR- 220	29.06.2023 02.07.2023	HEALING RETREAT , “ FINDING YOU”	Anamika Pandey	Eng/ Hindi	6 OOMS BOOKED		Anamika Pandey, <a href="mailto:anamikapandey1@gmail.com">anamikapandey1@gmail.com</a> 8826526103
GYR- 221	05.07.2023 09.07.2023	SPIRITUAL RETREAT	Megha Girdhar	English	9 rooms in Pragati 5 in Dhara BOOKED		LIFE POSITIVE PVT. LTD., Megha Girdhar 987037676233, <a href="mailto:megha@lifepositive.net">megha@lifepositive.net</a>

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#### **THE SHIVIR SITE:**

Madhuban is situated at a height of 5000 ft above a picturesque village in the Kumaon range of the Himalayas. Madhuban is the place where the beekeeping association of India took birth more than 50 years ago. The property was offered to the Ashram by a devotee in 2003 and is still in the process of being developed. The entire of valley of Talla Ramgarh is a basin of fruit orchards and can best be enjoyed during the fruit season in July and August, which happens also to be the rainy season. Madhuban campsite is situated on a fruit orchard of about 30 acres and is one of the extensions of Sri Aurobindo Ashram – Delhi Branch.

#### **VILLAGE OUTREACH PROGRAMS:**

We are also doing a lot of Village Outreach programs, especially in the field of education where we are conducting several camps throughout the year for upgrading the quality of the village school teachers and imparting value education to students.

Several doctors from Delhi and other places are invited at regular intervals to conduct medical camps for several villages around Ramgarh, where we provide free consultation and medicines.

#### **SHIVIR ACTIVITIES:**

- \* Grow spiritually by opening to the *mantric* power of the works of the Master and the Mother.
- \* Daily Meditation and Yoga, Pranayam and ‘keep-fit’ sessions.
- \* Walks and treks through magnificent mountain forests and enchanting scenic **splendor**.

**For all bookings and information, please contact the camp organizer of the particular camp only.**

**STAY AT DELHI:** Participants will themselves bear their expenses for stay in Delhi. Arrangements can be made at Sri Aurobindo Ashram - Delhi Branch ONLY THROUGH THE WEBSITE:[www.sriurobindoashram.net/visitors](http://www.sriurobindoashram.net/visitors)

#### **IMPORTANT (Please note carefully):**

- \* **Please apply only if you are looking for a serious study and spiritual shivir.**
- \* Book IMMEDIATELY to avoid disappointment due to heavy rush and limited seats.
- \* **People with high blood pressure and other diseases, who have problems with high altitude and / or living at the first and second floors, and also those needing special facilities, food or care, should not apply.** Any medical expenses will have to be borne by the participants themselves. There are hardly any medical facilities at the Talla Ramgarh village.
- \* **Kindly help in circulating this leaflet widely among genuinely interested people.**
- \* **Please note:** Smoking and consumption of *gutka* are not permitted on the Ashram campus. Use of alcoholic

**drinks and drugs** is forbidden during the entire period of the camp.

**OTHER SHIVIRS:** We also have study and youth adventure camps at our Himalayan Centre in Nainital (40 km from Madhuban). You may look up for more details on our **website:** [www.sriarobindoashram.net](http://www.sriarobindoashram.net).

**FUTURE BOOKINGS:** We are also offering our space in September, October & November for any camps being organized on Sri Aurobindo's philosophy or any other serious spiritual topics. Please ask for dates very much in advance as we always have a lot of pressure on our limited space.

**HOW TO APPLY**

Please fill in the form below and attach your donation and forward to the Camp convener at Sri Aurobindo Ashram – Delhi Branch, Sri Aurobindo Marg, New Delhi, 110016. Please mention the **SHIVIR NUMBER** when you send your donation with details. On acceptance we shall send further details, and kit list. You are requested **not to start your journey without** receiving a **proper acceptance letter** from us.

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**SRI AUROBINDO ASHRAM DELHI BRANCH TRUST**  
**BANK ACCOUNTS DETAILS FOR MONEY TRANSFER IN INDIA**

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**Sri Aurobindo Ashram Delhi Branch Trust**

SB-Account No. 90030110002667

Sri Aurobindo Marg

New Delhi – 110016

Email: [contact@arobindoonline.in](mailto:contact@arobindoonline.in)

PAN NO. AAATS4031K

**Name of Bank**

UCO Bank

Branch Code – 9003

Sri Aurobindo Ashram Extension Counter

IFS Code – UCBA0009003

Sri Aurobindo Marg,

MICR Code – 110028999

New Delhi-110016

**IMPORTANT NOTE**

1. If you are making direct deposit in our above bank accounts, kindly send an email to [contact@arobindoonline.in](mailto:contact@arobindoonline.in) and a copy of same to [ashram.delhi@gmail.com](mailto:ashram.delhi@gmail.com) giving us the details of amount.
2. Please Provide Transition, Cheque No., Amount, Bank, Date of Donation.
3. This will help us Reconcile your donation with our bank account and issuing official Receipts.

**TO WHOM IT MAY CONCERN**

I hereby certify that a sum of Rs..... (Rupees ..... ) was paid to Sri Aurobindo Ashram – Delhi Branch. Sri Aurobindo Marg, New Delhi – 110016 by Cash / Cheque No. .... Dated ..... on ..... Bank on account of donation. I further state that I am assessed to

income tax and my permanent account no. (PAN) is

.....Name.....Address.....PIN .....

E-mail Id .....

Telephone Nos (Res.)..... (Off.) ..... (Mobile) .....

Date: \_\_\_\_\_

Signature

Receipt No. .... Date .....

